

APPLICATION FOR PYFS ONLINE YOGA TEACHER TRAINING

Name _____

Address _____

Phone # _____

Email _____

Date of birth _____

Please answer the following questions in complete form (type directly onto this form or on a separate word document labeled "PYFS Application") for consideration into program:

1. Describe your experience with yoga. With whom have you studied? How long? What methods?
2. Describe your current yoga practice. Is it daily? Do you attend class regularly? Does it include meditations? If so frequency and duration of sessions?
3. Are there any injuries, disabilities, illnesses or limitations I should know about? How do you address these limitations?
4. Briefly summarize your health history.
5. List all retreats seminars and conferences health and yoga related attended in the past two years.
6. List any previous teacher trainings, and any degrees or certifications held and completed.
7. Why are you interested in this program? What do you hope to learn? Why do you want to become a yoga teacher? What styles are you interested in teaching? Where do you see yourself teaching, (in what forum or venue)?

Please list three life goals of yours: (career, personal, health, etc)

- 1.
- 2.
- 3.

Application Requirements: You are eligible to apply if you have studied yoga consistently for a minimum of 1.5 years and have an established personal practice. There is not guarantee of acceptance.

(I understand the above): _____
(Signature)

Once completed, email the application to:
gwen@gwenlawrence.com *for consideration.*

Thank you!